## Causes & effects of stress



## Label the pictures with the words below:

unemployment, anxiety, sweating, finances, money, rushing, depression, loneliness, deadlines, arguments, tests, anger, hospitals, x-rays, too much work,

## Complete the sentences below:

1. Three causes of stress are :
2. What are some other causes of stress?
3. Three harmful effects of stress are:
4. What are some other effects of stress?